



September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	**Daily Main Dish Substitution Fruit Yogurt Parfait, Deli Sandwich, or PB&J Uncrustable	Additional Substitutions for 6th-8th Grades Only BBQ Drummie Salad (M) Oriental/Taco Salad (T) Crispy Chicken Salad (W) Chef Salad (Th)		1 Hungry Howie's Pizza ** or Main Dish Option Side Salad Fruit Fresh Veggie Bar Creamies
4 	5 Orange Chicken ** or Main Dish Option Steamed Rice Fruit Fresh Veggie Bar Fortune Cookies	6 Popcorn Chicken ** or Main Dish Option Mashed Potatoes w/ gravy Fruit Fresh Veggie Bar	7 Hamburger ** or Main Dish Option Fruit Fresh Veggie Bar	8 Hungry Howie's Pizza ** or Main Dish Option Side Salad Fruit Fresh Veggie Bar Nacho Cheese Doritos
11 Crispy Chicken Strips ** or Main Dish Option Biscuit Fruit Fresh Veggie Bar	12 Chicken Fajitas ** or Main Dish Option Refried Beans Fruit Fresh Veggie Bar	13 Penne Pasta w/ Meat Sauce ** or Main Dish Option Fruit Fresh Veggie Bar	14 Chicken Patty Sandwich ** or Main Dish Option Tator Tots Fruit Fresh Veggie Bar	15 Hungry Howie's Pizza ** or Main Dish Option Side Salad Fruit Fresh Veggie Bar Juice Alive
18 Corn Dog ** or Main Dish Option Fruit Fresh Veggie Bar	19 Café Rio Salad ** or Main Dish Option Black Beans Fruit Fresh Veggie Bar	20 Roast Chicken ** or Main Dish Option Mashed Potatoes w/ gravy Fruit Fresh Veggie Bar Roll w/ butter	21 Pretzel w/ Cheese Sauce ** or Main Dish Option Yogurt Fruit Fresh Veggie Bar	22 Hungry Howie's Pizza ** or Main Dish Option Side Salad Fruit Fresh Veggie Bar Pudding Snack Pack
25 Apple Cinnamon French Toast ** or Main Dish Option Turkey Sausage Hashbrown Fruit Fresh Veggie Bar	26 Soft Taco ** or Main Dish Option Refried Beans Tortilla Chips w/Salsa Fruit Fresh Veggie Bar	27 Chicken Alfredo ** or Main Dish Option Fruit Fresh Veggie Bar	28 Chicken Patty Sandwich ** or Main Dish Option Tator Tots Fruit Fresh Veggie Bar	29 Hungry Howie's Pizza ** or Main Dish Option Side Salad Fruit Fresh Veggie Bar Chocolate Chip Cookie

“Building a Strong Foundation”

This institution is an equal opportunity provider. Milk served with lunch each day: Skim, 1% Lowfat, Chocolate Milk (Menu subject to change)