

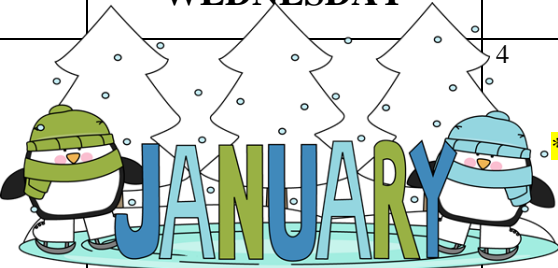




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2 	3 	4 Taco Soup Cornbread ** or Main Dish Option Fruit Fresh Veggie Bar	5 Hungry Howie's Pizza ** or Main Dish Option Fruit Fresh Veggie Bar Donut
8 Crispy Chicken Strips ** or Main Dish Option Corn Fruit Fresh Veggie Bar	9 Chicken Fajitas ** or Main Dish Option Refried Beans Fruit Fresh Veggie Bar	10 Penne Pasta w/ Meat Sauce ** or Main Dish Option Fruit Fresh Veggie Bar	11 Chicken Patty Sandwich ** or Main Dish Option Tator Tots Fruit Fresh Veggie Bar	12 Hungry Howie's Pizza ** or Main Dish Option Fruit Fresh Veggie Bar Jello Snack Pack
15 NO SCHOOL 	16 Orange Chicken Steamed Rice ** or Main Dish Option Fruit Fresh Veggie Bar Fortune Cookie	17 Roast Chicken Roll ** or Main Dish Option Mashed Potatoes w/ gravy Fruit 	18 Pretzel w/ Cheese Sauce Yogurt ** or Main Dish Option Fruit Fresh Veggie Bar	19 Hungry Howie's Pizza ** or Main Dish Option Fruit Fresh Veggie Bar Donut
22 Breakfast on a Stick ** or Main Dish Option Hashbrown Fruit Fresh Veggie Bar	23 Soft Taco ** or Main Dish Option Tortilla Chips Fruit Fresh Veggie Bar	24 Chicken Alfredo ** or Main Dish Option Fruit Fresh Veggie Bar	25 Cheese Sandwich Tomatoe Soup ** or Main Dish Option Fruit Fresh Veggie Bar	26 Hungry Howie's Pizza ** or Main Dish Option Fruit Fresh Veggie Bar Choc Chip Cookie
29 Crispy Chicken Strips Biscuit ** or Main Dish Option Corn Fruit Fresh Veggie Bar	30 Teriyaki Chicken Steamed Rice ** or Main Dish Option Fruit Fresh Veggie Bar Fortune Cookie	31 Country Fried Steak ** or Main Dish Option Mashed Potatoes w/ Gravy Fruit Apple Crisp	**Daily Main Dish Substitution Fruit Yogurt Parfait, Deli Sandwich, or PB&J Uncrustable	Additional Substitutions for 6th-8th Grades Only BBQ Drummie Salad (M) Oriental/Taco Salad (T) Crispy Chicken Salad (W) Chef Salad (Th)

GEORGE WASHINGTON ACADEMY

“Building a Strong Foundation”

This institution is an equal opportunity provider. Milk served with lunch each day: Skim, 1% Lowfat, Chocolate Milk (Menu subject to change)

