




April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Corn Dog Graham Cracker ** or Main Dish Option Fruit Fresh Veggie Bar	2 Orange Chicken Steamed Rice ** or Main Dish Option Fruit Fresh Veggie Bar Fortune Cookies	3 Roast Chicken Roll or **Main Dish Option Mashed Potatoes w/Gravy Fruit	4 Pretzel w/Cheese Sauce Yogurt ** or Main Dish Option Fruit Fresh Veggie Bar	5 Hungry Howie's Pizza **or Main Dish Option Side Salad Fruit Treat
8 Dutch Waffle Sausage or **Main Dish Option Hashbrown Juice Fresh Veggie Bar	9 Café Rio Style Salad Cilantro Lime Rice or **Main Dish Option Fruit	10 Chicken Alfredo ** or Main Dish Option Fruit Fresh Veggie Bar	11 Chicken Patty Sandwich ** or Main Dish Option Tater Tots Fruit Fresh Veggie Bar	12 Hungry Howie's Pizza **or Main Dish Option Side Salad Fruit Treat
15 Crispy Chicken Strips Biscuit ** or Main Dish Option Fruit Fresh Veggie Bar	16 Teriyaki Chicken w/Steamed Rice ** or Main Dish Option Fruit Fresh Veggie Bar	17 Country Fried Steak ** or Main Dish Option Mashed Potatoes w/ Gravy Fruit Apple Crisp	18 Hot Dog ** or Main Dish Option Fruit Chips Fresh Veggie Bar	19 
22 	23 Orange Chicken Steamed Rice ** or Main Dish Option Fruit Fresh Veggie Bar Fortune Cookies	24 Popcorn Chicken ** or Main Dish Option Mashed Potatoes w/Gravy Fruit	25 Hamburger ** or Main Dish Option Fruit Fresh Veggie Bar	26 Hungry Howie's Pizza **or Main Dish Option Side Salad Fruit Treat
29 Crispy Chicken Strips Biscuit ** or Main Dish Option Fruit Fresh Veggie Bar	30 Chicken Fajita ** or Main Dish Option Refried Beans Fruit Fresh Veggie Bar		**Daily Main Dish Substitution Smoothie, Deli Sandwich, or PB&J Uncrustable	Additional Substitutions for 6th-8th Grades Only Oriental Chicken Salad (M) Taco Salad (T) Crispy Chicken Salad (W) Chef Salad (Th)

GEORGE WASHINGTON ACADEMY

"Building a Strong Foundation"

This institution is an equal opportunity provider. Milk served with lunch each day: Skim, 1% Lowfat, Chocolate Milk (Menu subject to change)