

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Spaghetti w/Meat Sauce or **Main Dish Option Garlic Toast Fruit Fresh Veggie Bar	2 Chicken Patty Sandwich or **Main Dish Option Tater Tots Fruit Fresh Veggie Bar	3 Hungry Howie's Pizza or **Main Dish Option Side Salad Fruit Treat
6 Corn Dog or **Main Dish Option Fruit Fresh Veggie Bar Cinnamon Graham Crackers	7 Orange Chicken w/Rice or **Main Dish Option Fruit Fresh Veggie Bar Fortune Cookie	8 Roast Chicken Roll or **Main Dish Option Mashed Potatoes w/Gravy Fruit	9 Pretzel w/ Cheese Sauce Yogurt or **Main Dish Option Fruit Fresh Veggie Bar	10 Hungry Howie's Pizza or **Main Dish Option Side Salad Fruit Treat
13 Pancake and Sausage on a Stick or **Main Dish Option Hashbrown Fruit Fresh Veggie Bar	14 Soft Taco or **Main Dish Option Refried Beans Fruit Fresh Veggie Bar	15 Chicken Alfredo or **Main Dish Option Breadstick Fruit Fresh Veggie Bar	16 Chicken Patty Sandwich or **Main Dish Option Tater Tots Fruit Fresh Veggie Bar	17 Hungry Howie's Pizza or **Main Dish Option Side Salad Fruit Treat
20 Crispy Chicken Strips Biscuit or **Main Dish Option Fruit Fresh Veggie Bar	21 Teriyaki Chicken Steamed Rice or **Main Dish Option Fruit Fresh Veggie Bar	22 Country Fried Steak or **Main Dish Option Mashed Potatoes w/Gravy Fruit	23 Hungry Howie's Pizza or **Main Dish Option Side Salad Fruit 	
				Additional Substitutions for 6th-8th Grades Only Oriental Chicken Salad (M) Taco Salad (T) Crispy Chicken Salad (W) Chef Salad (Th)

GEORGE WASHINGTON ACADEMY
 "Building a Strong Foundation"

This institution is an equal opportunity provider. Milk served with lunch each day: Skim, 1% Lowfat, Chocolate Milk (Menu subject to change)